

Best Markets in Rome

Campo De Fiori Right out in front of the UWRC, you will find one of the great markets in Europe. It caters to tourists but you can also find inexpensive produce and a place where the locals shop. Watch the sellers and how they interact with the public. Check this great time lapse, it shows how the market appears and is taken down every day.

<https://www.youtube.com/watch?v=GpSgWpLeL6A> The Rome Center is on the far end of the Campo.

Porta Portese Rome's largest and most famous flea market, the *Porta Portese Market*, is around a mile long and spills over into the surrounding backstreets. Endless stalls and traders in carpets, materials, antique goods, clothing and even pets, ensure no end of browsing in this fabulous flea market. Every Sunday from 5am to 2pm, the market transforms this corner of Rome's Trastevere region into a buzzing hive of activity. Whether you're looking for a bargain or not, come to soak up vibrant atmosphere, colors, and noise of cheerful calls and banter from traders. The Porta Portese Market is a good spot to pick up souvenirs and clothing cheaply. You might even find an antique fur coat. *Porta Portese Market, Via Portuense & Ippolito Nievo, Rome, Italy*

Opening hours: Sun 5am-2pm The easiest way to get there is to walk south (away from the Campo de Fiori) along Viale Trastevere, look for the market on the left. You can also walk downstream on the Tiber River and take the Ponte Sublicio bridge uphill on the right to enter the market. It is best to go early, it gets crowded by about noon.

Mercato di Piazza Vittorio (Nuovo Mercato Esquilino) Not far from Termini Station, this covered food market is one of Rome's oldest. Offering flavors that reflect the multi-ethnic area, the mercato is the perfect place to look for anything other than run-of-the-mill Italian fare. You can find produce from all corners of the world, including an incredible array of loose grains, nuts and spices at bargain prices. Expect it to be loud, chaotic a little grimy; the kind of place where bartering is fine and where yelling seems to be the customary form of communication. The sellers come from all over the world and it is the place where many immigrants shop. The atmosphere is much like the food, a vivid, mismatched mesh, and gives the market a unique charm. Like most places with crowds, be careful of pickpockets. Via Principe Amedeo, 184 (near Metro A Vittorio) Open Mon, Wed & Thurs, 5am – 3pm and Tues, Fri & Sat, 5am – 5pm

One easy way to get there is to take a taxi to the Piazza Vittorio and walk in the direction of Termini Station. It is not easy to see the entrance to the market, but you can always ask locals for the "Mercato Esquilino" When you leave, you can walk a few blocks to the cathedral Santa Maria Maggiore, one of the most important in Rome.